# SACRED GEOMETRY AND ARCHITECTURE



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# 8

# THE 5 ELEMENTS IN BIO-ARCHITECTURE BY JUAN SCHLOSSER

## 8.4- Fire: natural light, technology, CFFG coherent fractal field generators, EM pollution

Fire = Light and warmth. Scientific studies, such as those by John Ott, point to the importance of sunlight, and its full spectrum as essential to health and behavior. Two thirds of the energy required for cell function comes from light. Long-term lack of exposure to this most fundamental source of energy has several adverse health effects.

The play of light for optimum health and activity is essential to our designs. Warmth is more than just heat; it is the regulation of our biological temperature range, thus our design goal is to create stable living conditions for each environment they are designed for.

### Natural light:

The presence (and absence) of natural light is responsible for generating the sleep/wake cycle. The degree to which we synchronize with this natural cycle can affect the efficiency of our digestive systems, the stimulation of Vitamin D production and influence our emotional state and other body/mind processes.

The effects of light upon the human body depends upon the light's wavelength, intensity, and exposure duration. Most of us spend the majority of our time indoors, often in excess of 90 percent. As a result, we are invariably exposed to unnatural forms of light which our bodies have not evolved to deal with. The effect becomes much worse if the exposure to artificial light continues past sunset, as this disrupts the circadian rhythm

and prevents the production of melatonin (one of the most potent anti-aging chemicals) by the pineal gland during the sleep cycle.

It has long been known in the Vedic culture, and practiced by yogis themselves, that light can become our exclusive source of food/energy. Such an insight speaks clearly to the importance of our connection to this element, and to the sun itself, at the physical (light) energetic level (subtle energy longitudinal EM).

Translating this into the practical conversation of architecture, we need to fully consider these principles at the outset of the design phase, ensuring that ideal levels of natural light are realized in the completed space. This may be as simple as providing adequate windows or skylights etc. which allow natural light to penetrate in to the interior space, or may require the specification of electric light systems which include filters that eliminate the blue component (which is the principal component responsible for disruption of the Circadian Cycle). Such systems become considerably more important to maintaining optimum health.

#### (CFFG) coherent fractal field generators:

We can define a Coherent Fractal Field Generator (CFFG) as a system or technology that produces a field effect; that will generate coherence, fractality, self-organization, implosion, love, harmony, healing and therefore enhancing and harmonizing all of life.

Coherent field generators can be seen as feminine forms of technology that use: neg-entropy /formative force/implosion/life-force/dielectrics vs magnetism/radiation/explosion/destructive force/entropy

The Agnihotra Fire Ceremony is one of the most potent examples of CFFG which can be a key to understanding the precision and potency of the sacred sciences. This ancient Vedic process utilizes the energy produced by Phase Conjugation of the earth and sun's magnetic fields, which occurs twice daily at the precise moment of the sunrise and sunset, by burning specific organic substances in the pyramid of a specific size and shape is a type of phase conjugate, Longitudinal EMF antenna. This ceremony/process can produce profound effects in the surrounding environment including accelerating growth and fruitfulness of flora and fauna as well as reducing pollution and radiation in an unprecedented fashion. The scientific case for Homa Therapy and its core practice has been carefully documented and collected by the Homa Therapy International Network.